

**Authentic Movement as Practice and as Therapy
Authentic Movement Retreat/Study Group
Facilitated by Zoë Avstreich
4-day Workshop: July 14-18, 2010**

Authentic Movement as Practice and as Therapy

Authentic Movement, rooted in the field of dance/movement therapy, has evolved into a unique discipline with its own integrity informing therapeutic process, contemplative practice, creative process and the healing of body, mind and soul. This retreat/study group is an opportunity for the in-depth study of the discipline of Authentic Movement as therapy and as practice. We will immerse in the practice of Authentic Movement during the day and will gather after dinner to study and discuss the questions that arise from direct experience.

Enrollment Requirements:

This retreat/study group is designed for trained clinicians with a minimum of five years of experience in Authentic Movement and several years of post-graduate clinical experience. If you have not previously studied with Zoe, a telephone interview and letter of recommendation is required.



Zoë Avstreich

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Zoë Avstreich is the Founder and Director of the Center for the Study of Authentic Movement. Zoë is a Board Certified Dance/Movement Therapist, a Licensed Professional Counselor in Colorado and a Licensed Psychoanalyst and Creative Arts Therapist in New York State. She is currently the Director of the Graduate Program in Dance/Movement Therapy at Naropa University in Boulder, Colorado and the founder and former director of the graduate Dance/Movement Therapy Program at Pratt Institute in Brooklyn, NY. A pioneer in the development of Authentic Movement, she lectures and teaches internationally and has published widely in the field.

Workshop Times: Wednesday dinner, July 14, 5 pm, through Sunday lunch, July 18, 1 pm

Workshop fee: \$390 through June 1, \$450 after June 1.

Lodging and all meals: \$290

Enrollment is limited to ten. Early registration is suggested.

Registration is available beginning April 15 at pinetreeinstitute.org. Please e-mail info@pinetreeinstitute.org for registration access code or contact Larry McCullough at 207-439-9860 for registration application.

BC-DMT Continuing Education:

This workshop is applicable to the continuing Education hours needed to maintain the credential of BC-DMT.

Pinetree Farm is a beautifully renovated 1790 farmhouse and barn across the Piscataqua River from Portsmouth, New Hampshire and only an hour and fifteen minutes from Boston. The setting is peaceful and rural, but just three miles off Interstate 95 with easy access for public and private transportation from Boston Logan Airport and South Station. Rooms provide shared accommodations for two to three people with a half-bath in most rooms and shared access to private showers. Staying at Pinetree is like staying at an old New England bed & breakfast with an emphasis on simple, healthy meals and accommodations that are comfortable and cozy.

For directions and further information, contact Larry McCullough, Executive Director, info@pinetreeinstitute.org.